

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

February 2025



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Dance S, Weyman A, Adams S et al. **Public health professionals' perspectives on alcohol public health interventions: a qualitative interview study.** BMC Public Health 2026; 2026/01/17. <https://doi.org/10.1186/s12889-026-26252-4>
- Holmes, J, Morris, D., Gillespie, D., et al. **Public health impacts of increasing the minimum unit price for alcohol in Scotland: A model-based appraisal.** PLOS Medicine 2026; 2026/01/08.
- Kerr DCR, Naimi TS, Lira MC et al. **Associations of State-Level Alcohol Policies and Population Use Rates With Alcohol Use and Binge Drinking Among U.S. 4-Year College Students, 2008-2019.** J Stud Alcohol Drugs 2026; 87: 175–182. 2026/01.
- Man N, Miller M, Craig M et al. **An Observational Study of Off-Premise Alcoholic Beverage Pricing Over Time in New South Wales, Australia.** Drug Alcohol Rev 2026; 45: e70077. 2026/01.

Availability and Licensing

- Bright S, Buckley C, Holman D et al. **Applying an intersectional lens to alcohol inequities: A conceptual framework.** Addiction 2025; 120: 2585–2598. 2025/12.

- Coomber K, Button K, Baldwin R et al. **Alcohol Purchase Modality: Differences in Demographics, Purchase Patterns and Alcohol-Related Harms Among Australians Who Drink at High-Risk Levels.** Drug Alcohol Rev 2026; 45: e70069. 2026/01.

Marketing and Advertising

- Carey RN, Crawford G, D’Orazio N et al. **Alcohol advertising at the beach: insights from young people in Western Australia.** Health Promot J Austr 2026; 37: e70129. 2026/01.
 - Di Censo G, Thompson K, Mittinty M et al. **OK Boomer: A longitudinal analysis unravelling generational cohort differences in alcohol consumption among Australians.** Addiction 2026; 121: 360–369. 2026/02.
 - Jia R, Bandy L, Davies E et al. **Effects of brand-matched alcoholic and alcohol-free and low-alcohol drinks adverts on drink selections: A United Kingdom-based randomised controlled trial in an experimental online supermarket.** Addiction 2026; 121: 388–399. 2026/02.
 - Kokole D, Neufeld M, Correia D et al. **Impacts of alcohol health warning labels in a real-world setting: protocol for a randomised controlled trial among supermarket customers in Barcelona.** BMJ Open 2026; 16: e103464. 2026/01/21.
- Lespine L-F, François D, Haesebaert J et al. **Determinants of successful completion and short-term benefits associated with temporary alcohol abstinence during Dry January in France: A prospective cohort study.** Prev Med 2026; 202: 108428. 2026/01.

Health Information

- Caldeira T, Silva L, Freitas PC et al. **Depression and alcohol drinking behavior: association and sex differences among Brazilian adults.** Am J Health Promot 2026; 40: 84–91. 2026/01. <https://doi.org/10.1177/08901171251353330>

- Cheers C, Pennay A, De la Piedad Garcia X et al. **Drinker's own drinking, experience of alcohol-related harms, and concern for drinking predict drinker's attitudes towards non-drinkers.** Psychol Health 2026; 41: 183–199. 2026/02.
- Cox S, Oldham M, Tattan-Birch H et al. **Feelings of Guilt and Remorse After Alcohol Consumption Among People Who Drink at Increasing and Higher-Risk Levels: A Population Study in England.** Drug Alcohol Rev 2026; 45: e70076. 2026/01.
- Dora J, Shinn M, Copeland A et al. **How people decide to consume (more) alcohol when feeling stressed.** Addiction 2026; 121: 370–387. 2026/02.
- Livingston M, Taylor N, Callinan S et al. **Describing the alcohol harm paradox: 20 years of data from Victoria, Australia.** Addiction 2026; 121: 349–359. 2026/02.

Early Intervention

- Bai Y, Cao P, Kim C et al. **Longitudinal trends in vaping, smoking, and harmful alcohol use across sexual orientations in the UK (2014-2021).** PLoS ONE 2026; 21: e0339847. 2026/01/16.
- Chaikhamla N, Yingchankul N, Pomngen I et al. **A scoping review of sensory-based interventions to address alcohol consumption.** Am J Addict 2026; 35: 7–21. 2026/01. <https://doi.org/10.1111/ajad.70072>
- Chhabra J, Wilson MJ, Benakovic R et al. **Social support buffers the association between alcohol use and depression in Australian men.** Health Promot J Austr 2026; 37: e70134. 2026/01.
- Di Censo G, Thompson K and Bowden J. **Work Hard... Drink Hard? Occupational, Sociodemographic and Health Determinants of High-Risk Alcohol Consumption Among Australian Workers.** Drug Alcohol Rev 2026; 45: e70092. 2026/01.

- Jonas DE, Riley SR, Brouwer L et al. **Screening and counseling for unhealthy alcohol use in primary care practices.** JAMA Netw Open 2026; 9: e2553518. 2026/01/02.
- Rothman R, Hayley AC, Aitken B et al. **A systematic review of the impact of the alcohol hangover upon negative affect.** Drug Alcohol Rev 2026; 45: e70052. 2026/01.

Young People and Prevention

- Bonar EE, Goldstick JE, Philyaw-Kotov ML et al. **Comparison of digital behavioral interventions to prevent alcohol misuse among adolescents ages 12 to 19: A randomized clinical trial protocol.** Contemp Clin Trials 2026; 160: 108172. 2026/01.
- Chavez SJ, Montgomery MC, DiBello AM et al. **Expanding perspectives on reducing harms from drinking in college: A qualitative study.** Psychol Addict Behav 2026; 2026/01/26. <https://doi.org/10.1037/adb0001125>
- Clare PJ, Yuen WS, Henderson A et al. **Does alcohol use and related harm differ based on the age of initiation to alcohol? Results from a prospective cohort study.** Addiction 2026; 121: 44–57. 2026/01.
- Gates PJ, Zocco AC and Farnbach S. **A systematic review of reviews on comprehensive community initiatives to prevent or reduce alcohol and other drug harms.** Addiction 2026; 121: 241–260. 2026/02.
- Hansen WB and McNeal RB. **Skill vs. disposition: examining paths of intervention effects in an alcohol and drug use prevention trial targeting U.S. adolescents.** J Prev (2022) 2026; 47: 169–189. 2026/02.
- Jiang C, Saleme P, Dietrich T et al. **Virtual reality in school-based health promotion: a mixed-methods evaluation of adolescent alcohol, vaping, and other drug use prevention.** Health Promot Int 2026; 41. 2026/01/07.

- Kcomt L, Veliz PT, Jardine J et al. **Gender diversity, substance cognitions, and alcohol, nicotine/tobacco, and cannabis use among youth.** LGBT Health 2026; 13: 1–10. 2026/01/23.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Change UK. **The blue light approach: improving care and support for people with entrenched alcohol dependency. Guidance for practitioners.** Jan 2026.
- British Medical Journal. **60 seconds news: More adults in England are avoiding alcohol—what’s behind the trend?** BMJ, Jan 2026
- British Medical Journal. **How should public health respond to the rise of alcohol free and low alcohol drinks?** BMJ, Jan 2026
- Clean Slate Clinic. **Impact and barriers: a national survey of UK adults on alcohol dependence.** CSL, Jan 2026.
- Institute for Alcohol Studies. **Now you see it, now you don’t: How alcohol industry interference made marketing restrictions disappear from the 10 Year Health Plan in England.** IAS, Jan 2026.
- Public Health Scotland. **Alcohol consumption and harms dashboard (latest release).** PHS, January 2026.
- World Health Organization. **Global report on the use of alcohol taxes, 2025.** WHO, January 2026.
- Welsh Government. **Senedd passes new regulations to tackle alcohol misuse in Wales.** 2026.

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All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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