

PHS Knowledge Services Gambling Harms Bulletin – October 2025

New evidence and outputs from key organisations relating to gambling harms













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About this bulletin

This current awareness bulletin contains a selection of material gathered from a search of the evidence base. It is not intended to be comprehensive and has not been critically appraised. Collated by a qualified information professional, the content is selected by informed prioritisation of the search results based upon agreed criteria.

The bulletin is not a substitute for clinical or professional judgement and the information contained within does not supersede national and local NHS policies and protocols.

Journal articles were sourced from MEDLINE, Embase and APA PsycInfo, all on the Ovid platform. Grey literature was sourced from Idox Knowledge Exchange, Policy Commons and a range of relevant websites. For details of resources used and associated search strategies, please contact us using the details below.

Contact

If you need assistance in obtaining the full text of any of the articles, or have any other queries, please contact phs.knowledge@phs.scot.

Recent journal articles

Highlights

Galeazzi GMM, Marchi M, Castagnini AC. **Psychiatric morbidity and gambling disorder: a systematic review and meta-analysis of population-based surveys.**European Psychiatry. 2025;1–26

Smith EH, Free BL, Ginley MK, Whelan JP, Pfund RA. Personalized Feedback
Interventions for Indicated Prevention of Gambling Disorder: A Systematic Review
and Meta-Analysis. Journal of Gambling Studies. 2025

Gambling technology

Ghaharian K, Soligo M, Young R, Golab L, Kraus SW, Wells S. Can Large Language Models Address Problem Gambling? Expert Insights from Gambling Treatment Professionals. Journal of Gambling Studies. 2025

Iraci-Sareri G, Pesticcio F, Fabiani D, Marallo E, Bianchi C, Favagrossa T, et al. **New technologies and gambling perception among italian managers: A qualitative study.**Journal of Gambling Studies. 2025

Suryavanshi AKS, Pandey S, Rameshkkumar SR, Patel R, Bhatt V, Thomas S. **Patronage**Intention Towards Online Social Gaming Companies Linked to Cause-Related

Marketing Donation: A Social Comparison Theory Perspective. International Journal of Human–Computer Interaction. 2025;1–22

Marketing and promotion

Palmer M, Weiss-Cohen L, Torrance J, Newall P. When "help" might hurt: Do gambling harm prevention advertisements reduce or contribute to gambling stigma? Results of an exploratory study. Public Health. 2025;249106010

Tessier S, Romo L, Gonthier C, Zerhouni O. **Betting on influence: The impact of gambling advertising on the attitudes and behaviors of problem gamblers in France**.

Psychology of Addictive Behaviors. 2025

Neuroscience

He J, Zhao H, Turel O, Zhang S, Lei X, Qiu J, et al. **Neural underpinnings of internet** gaming addiction tendency: The role of the limbic network in reward/punishment sensitivity and risky decision-making alterations. Addiction. 2025

Prevention and intervention

Arden-Close E, Thomas S, Bush-Evans R, Hamson-Ford A, Bolat E, Hodge S, et al. Feasibility and acceptability of safer gambling interventions (social norms and goal setting) delivered via text message for those at low-to-moderate risk of gambling harm: a four-arm randomised controlled feasibility study. BMJ Open. 2025;15(10)e104784

Dowling NA, Merkouris SS, Greenwood CJ, Youssef GJ, Thomas AC, Hawker CO, et al. **GamblingLess: In-The-Moment: a mixed-methods acceptability and engagement evaluation of a gambling just-in-time adaptive intervention**.

Addiction Science & Clinical Practice. 2025;20(1)80

Efrati Y. The landscape of youth addiction in Israel: Identifying high-risk behaviors. Addictive Behaviors. 2025;169108396

Fisher ML, Piper T, Fitzpatrick M, Mavi S, Retzer A, Bradbury-Jones C, et al. Legal and regulatory responses to online gambling harms: a scoping review of evidence. Harm reduction journal. 2025;22(1)163

Gunnigle MA, Morelli B, Dow CV, Ginley MK, Whelan JP, Pfund RA. **Are Casinos Responsive To Customers Accessing Information about Self-Exclusion?**Journal of Gambling Studies. 2025

Hawker CO, Dias SE, Dowling NA, Thomas AC, Thornley BJ, Campbell SL, et al.

Understanding dropout during psychological treatment for gambling: A

scoping review. Clinical Psychology Review. 2025;122102653

Lucchini F, Griffiths MD. Narratives of reduction and change among patients of an internet-delivered therapy for gambling harm. Journal of public health. 2025;33(10)2069–79

Meyer G. Mandatory Third-Party Exclusion of Individuals with Gambling

Problems in Germany: Data from the OASIS Player Exclusion System. Journal of Gambling Studies. 2025

Radunz M, Stevens MWR, Behm S, Demetrovics Z, Delfabbro P, King DL. Advancing cognitive behaviour therapy for gaming disorder: A call for collaborative action. Addiction. 2025;120(10)2152–3

Psychology and mental health

Adams A, Rock AJ. Cue-Reactivity in Poker-Machine Gamblers: State Mindfulness and Cue-Reactive Urge to Gamble. Journal of Gambling Studies. 2025

Falise AM, Cheon Y, Lopez-Quintero C, Vaddiparti K. **Unraveling the Impact of Early Adversity and Perpetration on Problematic Gambling in Young Adults: Insights from the Add Health Study**. Journal of Gambling Studies. 2025

Gray HM, Edson TC. Perceived burdensomeness partially mediates the longitudinal relationship between problem gambling and suicidal ideation. Addictive Behaviors. 2025;172108527

Im J, Campos MD. 6.46 Gambling, Gender Roles, and Help-Seeking Among Latinx Youth: The Influence of Caballerismo and Marianismo. Journal of the American Academy of Child & Adolescent Psychiatry. 2025;64(10)S319

Jacob A, Joshanloo M, Czernecka R, Kräplin A. Impulsivity and online sports betting behavior: untangling the causal relationship. Addiction research & theory. 2025;1–20

Jones M, Boering P, Patel K, Leightley D, Dymond S. **Gambling, suicide and** mental health treatment utilisation in Wales: case-control, whole-population-based study. BJPsych open. 2025;11(6)e234

Krupka D, Brzoza J, Cugier O, Szwajkowski M, Szwach J, Raczkowska M, et al. **Gambling Behaviour, Motivations, and Gender Differences Among Medical Students in Poland: Survey-Based Study**. Healthcare (Basel). 2025;13(20)

Martí Valls C, Håkansson A, Cervin M. **Understanding well-being among gamblers: The role of co-occurring psychopathology**. Psychiatry Research.
2025;352116715

Way BM, Jennings TL, Grubbs JB, Chapman H, Kraus SW. **Double trouble - Examining the co-occurrence of compulsive sexual behavior disorder and gambling disorder among two American samples**. The American Journal on Addictions. 2025

Miscellaneous

Allen HK, Knight T, Hall B, Dennis M. Links between gambling and academic performance among undergraduate college students: A scoping review. Journal of Gambling Studies. 2025

Ortiz A, Fernández Aragón I, García Rabadán J. **Validation and measurement of attitudes towards gambling: the case of the basque country**. Journal of Gambling
Studies. 2025

Karhulahti V-M, Auranen T. **Systematic error in gaming disorder measures**. The British Journal of Psychiatry. 2025;1–2

McGinlay T, Delfabbro P, King D. **Self-Labelling, Causal Attributions and Perceived Stigma in People Negatively Affected by Gambling**. Journal of Gambling Studies. 2025

Murphy S, Muggleton N. Scaling up the evidence: what open banking brings to gambling research and policy. Journal of Gambling Studies. 2025

Pontes HM. High stakes and high scores: Investigating the World Health Organization criteria for gambling and gaming disorders in a nationally representative sample. Journal of Affective Disorders. 2025;120360

Sánchez Belmar C, Subramanian N. **Gaming's hidden gamble: are we betting more** than we realise? Irish journal of psychological medicine. 2025;1–3

Su Topbaş Z, Uzdil N. Patterns of Gambling Behavior Influenced By Materialism, Financial Well-Being, and Monetary Motivation Among Sports Bettors: A Latent Profile Analysis. Journal of Gambling Studies. 2025

Recent reports and news (grey literature)

- * Organisations funded in part by voluntary gambling industry levy
- * Moimoi E, Roychoudry P. **Gambling and mental health harms among young adults**in **Great Britain** [Internet]. 2025 [cited 2025 Nov 3]
- * Riley D, Moimoi E. Online gambling marketing: Are current regulations fit for the digital age? [Internet]. 2025 [cited 2025 Nov 3]