

# **Alcohol Harm Prevention Bulletin**

**New evidence relating to alcohol harm prevention  
in Scotland and beyond**

**June 2025**



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## Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact [phs.knowledge@phs.scot](mailto:phs.knowledge@phs.scot)

We are currently evaluating this bulletin and would be very grateful if you could take the time to complete this [short survey](#). It should only take a couple of minutes – your feedback is important and will be used to help determine the future of this current awareness bulletin.

### Pricing, taxation and policy

- Cook M, Nicholls J, Mitchell G et al. [Identifying innovative approaches to the temporal availability of alcohol in Great Britain—a policy analysis](#). *Drugs: Education, Prevention and Policy* 2025; : 1–11. 2025/05/02.
- Han Y and Yörük BK. [How Effective Were COVID-19-Related State Policies in the United States to Mitigate Alcohol Sales?](#) *J Stud Alcohol Drugs* 2025; 86: 590–600. 2025/07.

### Availability and Licensing

- Sheikh N, Haghpanahan H, Lewsey J et al. [Protocol for an economic evaluation alongside a natural experiment to evaluate the impact of later trading hours for bars and clubs in the night-time economy in Scotland: The ELEPHANT study](#). *BMJ Open* 2025; 15: e095241. 2025/05/14.

- Tang Y-L, Wang X and Hao W. **Recent decline in Chinese alcohol production and consumption: Potential contributing factors and the role of globally recommended measures.** *Addiction* 2025; 120: 1271–1275. 2025/06.

## Marketing and Advertising

No relevant publications this month.

## Health Information

No relevant publications this month.

## Early Intervention

- Garnett C, Oldham M, Loeberberg G et al. **Evaluating the effectiveness of the Drink Less smartphone app for reducing alcohol consumption compared with usual digital care: a comprehensive synopsis from a 6-month follow-up RCT.** *Public Health Res (Southampton)* 2025; 13: 1–26. 2025/06/01.
- Towers A, Newcombe D, White G et al. **A mixed-methods evaluation of an intervention for enhancing alcohol screening in adults aged 50+ attending primary health care.** *J Prim Health Care* 2025; 17: 167–175. 2025/06.
- Ward PR, Savic M, MacLean S et al. **Reducing heavy drinking through the “sober curious” movement in australia: protocol for a mixed methods study.** *JMIR Res Protoc* 2025; 14: e72631. 2025/06/10.

## Young People and Prevention

- Fucito LM, Ash GI, Wu R et al. **Wearable intervention for alcohol use risk and sleep in young adults: A randomized clinical trial.** *JAMA Netw Open* 2025; 8: e2513167. 2025/05/01.
- Guertler D, Kraft E, Bläsing D et al. **Prevention Needs and Target Behavior Preferences in an App-Based Addiction Prevention Program for German**

## **Vocational School Students: Cluster Randomized Controlled Trial.** JMIR

Mhealth Uhealth 2025; 13: e59573. 2025/06/24.

- Lee CM, Cadigan JM, Calhoun BH et al. **A just-in-time adaptive personalized mobile app intervention produces limited short-term reductions in heavy episodic drinking frequency in college students: A randomized control trial during the COVID-19 pandemic.** Alcohol Clin Exp Res (Hoboken) 2025; 49: 1321–1336. 2025/06.
- Smallman R, Arthur K, De Leon AN et al. **A randomized controlled trial of counterfactual and personalized normative feedback interventions to increase safe drinking strategies.** Subst Use Misuse 2025; : 1–16. 2025/05/04.

## **Recent reports (grey literature)**

Highlights of publications from key organisations within the last month.

- Alcohol Focus Scotland. **Community not a commodity: the LGBT+ community's views on alcohol marketing.** AFS, 09 June 2025.
- Alcohol Focus Scotland. **Scotland's alcohol consumption continues to exceed safe levels.** AFS, 24 June 2025.
- Balance. **Is Government about to act on rising alcohol harm? Figures show the NE public would support it.** Balance, 26 June 2025.
- Dando, M. **Scotland can once again lead the way on alcohol.** AFS, 23 June 2025.
- Dando, M. **Why are we still not telling the public the truth about alcohol and cancer?** IAS, 26 June 2025.
- Dowling, B. **We know MUP works – but we can make it even better.** IAS, 03 June 2025.

- SHAAP. **Spin the bottle: How the UK alcohol industry twists the facts on harm and responsibility.** SHAAP, 19 June 2025.

- SHAAP. **Alcohol & Cancer Risks: A guide for health professionals (2025).** SHAAP, 23 June 2025.

## Disclaimer

All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

## Contact

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