

PHS Knowledge Services Gambling Harms Bulletin – January 2026

**New evidence and outputs from key organisations
relating to gambling harms**



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About this bulletin

This current awareness bulletin contains a selection of material gathered from a search of the evidence base. It is not intended to be comprehensive and has not been critically appraised. Collated by a qualified information professional, the content is selected by informed prioritisation of the search results based upon agreed criteria.

The bulletin is not a substitute for clinical or professional judgement and the information contained within does not supersede national and local NHS policies and protocols.

Journal articles were sourced from MEDLINE, Embase and APA PsycInfo, all on the Ovid platform. Grey literature was sourced from Idox Knowledge Exchange, Policy Commons and a range of relevant websites. For details of resources used and associated search strategies, please contact us using the details below.

Contact

If you need assistance in obtaining the full text of any of the articles, or have any other queries, please contact phs.knowledge@phs.scot.

Recent journal articles

Highlights

Ioniță I, Mușat MI, Cătălin B, Ciobanu CA, Ciobanu AM. **A Systematic Review of Personality Disorders in Patients with Gambling Disorder**. Clinics and practice. 2026;16(1).

Udeanu A, Garcia-Fernandez G, Morán ML, García-Aller JA, Fernández E, Gómez LE. **Addictive behaviors among people with intellectual disability: An umbrella review**. Clinical Psychology Review. 2026;124102701.

Gambling technology

Auer M, Griffiths MD. **Using Machine-Learning Algorithms to Predict Self-Reported Problem Gambling Among a Sample of Online Gamblers**. International journal of mental health and addiction. 2026.

Leung J, Johnson B, Saunders JB, Stjepanovic D, Patel VY, McClure-Thomas C, et al. **Game related over-spending across age groups and its association with gaming disorder**. Addictive Behaviors. 2026;172108490.

McGarrigle J, Smith J, Griffiths J, Torrance J, Quigley M, Dymond S. **Dark patterns in online gambling: A scoping review and classification of deceptive design practices**. Journal of Behavioral Addictions. 2026

Marketing and promotion

Kim K, Park K, Yoon K, Kim Y. **Perceptions of Sports Betting and Promotions in the U.S.: Evidence from a Mixed-Methods Sentiment Analysis of YouTube Comments**. Journal of Gambling Studies. 2026.

Neuroscience

Szerman N, Ferre F, Pal Singh Balhara Y, Waisman M, Danon P, Vega P, et al. **Evidence-based prevention of gambling dual disorder through clinical neuroscience and precision psychiatry**. International journal of psychiatry in clinical practice. 2026;1–11.

Zheng Y, Jiang H, Yang Z. **When effort fuels risk: Cognitive exertion increases risk-taking for gains but reduces it for losses**. Cognitive, Affective & Behavioral Neuroscience. 2026.

Prevention and intervention

Fleury M-J, Cao Z, Grenier G, Ferland F, Banchette-Martin N. **Profiles of service use among patients with gambling disorders**. Journal of behavioral addictions. 2026.

Mäkelä N, Isotalo J, Alho H, Castrén S. **Factors influencing treatment outcomes in a randomised clinical trial for gambling disorder: a secondary analysis**. European addiction research. 2026;1–31.

Psychology and mental health

Challet-Bouju G, Brault V, Perrot B, Jeu-Group, Desmée S, Grall-Bronnec M. **A clustering based on the dynamics of DSM-5 criteria for gambling disorder: A 5-year follow-up of gamblers with and without gambling disorder**. Journal of behavioral addictions. 2026.

Edson TC, Tom MA, LaPlante DA. **Investigating the impact of loss accumulation periods on the predictive relationship between loss chasing and potential gambling harms**. Addictive Behaviors. 2026;175108605.

Hing N, Rawat V, Lole L, Tulloch C, Dittman C, Rockloff M, et al. **Journeys towards harm among young adult sports bettors: dynamic influences from childhood to early adulthood**. International journal of mental health and addiction. 2026.

Marionneau V, Havuaho S, Wall H. **Gender-specific risk factors for gambling-related suicidal ideation: Evidence from a help-seeking population**. Addictive Behaviors. 2026;175108616.

Mosconi G, Bertuccio P, Cecconami L, Vecchio R, Benedetti E, Scalese M, et al. **Gaming and gambling behaviours among Italian adolescents: a cross-sectional study**. The Lancet Public health. 2026;11(1)e8–16.

Mosto G, Barbieri G, Rogier G. **Gambling, gaming, shopping, and social media addiction: the role of materialistic and hedonic values**. International journal of mental health and addiction. 2026.

Rabinovitz S, Nagar M. **When rejection backfires: Social exclusion and economic decision-making in gamblers**. Journal of behavioral addictions. 2026.

Wang L, Qin X, Lu Y, Pan H, Li X, Luo L. **Gambling disorder and suicide risk: A meta-epidemiology study**. Journal of Psychiatric Research. 2026;192312–20.

Wardle H, Wetherall K, Wyllie J, Tipping S, Cleare S, Jones M, et al. **Suicidal ideation among people with different gambling behaviour profiles: analysis of a longitudinal survey of people who gamble regularly in the UK**. BJPsych open. 2026;12(1)e38.

Miscellaneous

Browne M, Tulloch C, Rockloff M, Hing N, Russell AMT, Li E, et al. **The 10-item and 20-item gambling harms scale for affected others (GHS-10-AO, GHS-20-AO): benchmarked to health utility using propensity weighting and control for comorbidities**. Addictive Behaviors. 2026;172108513.

Hoang L, Vo DH. **Financial literacy, locus of control, and gambling behavior in Australia**. Journal of Gambling Studies. 2026.

Marionneau V, Kristiansen S, Roukka T, Wall H. **Uncertainties in measuring offshore gambling: A scoping review of Nordic approaches**. Plos One. 2026;21(1)e0340727.

Rajagopal S. **Gambling disorder in Dickensian fiction: the case of Little Nell's grandfather - Psychiatry in literature**. The British Journal of Psychiatry. 2026;228(1)80.

Tulloch C, Browne M, Russell AMT, Rockloff M. **Synthesising the available evidence to identify the health impact of gambling harm and gambling problems**. Addictive Behaviors. 2026;175108612.

Wardle H, Tipping S. **Gambling products, gambling problems and gambling involvement: comparative analysis from two cross-sectional surveys, the Gambling Survey for Great Britain and the Health Survey for England series**. Addictive Behaviors. 2026;172108429.

Recent reports and news (grey literature)

**** Published by organisations funded in part by voluntary gambling industry levy***

*Behavioural Insights Team, Ranganathan A, Dercsenyi B, Kiryakova R, Collerton E, Persian R, et al. **The role of self-directed tools and strategies in reducing gambling harm: Final report** [Internet]. 2026 [cited 2026 Feb 2]

*David M, Tregan F, Brearley-Bayliss H, Cohen E, Nashef C, Martin I, et al. **Exploring the relationship between gambling behaviour, suicidality, and treatment and support.** 2026

Gambling Commission. **Understanding the consumer landscape in free draws and prize competitions** [Internet]. 2026 [cited 2026 Feb 2].

Gambling Commission. **New gaming machine rules announced** [Internet]. 2026 [cited 2026 Feb 2]

*Laabid S, Giles-Coutinho R, Fudge E, Lawrie M. **Evaluation of the aftercare funding programme** [Internet]. 2026 [cited 2026 Feb 2]

*Lloyd J, Penfold K, Huntington C. **Online peer support for gambling harms in Great Britain** [Internet]. 2026 [cited 2026 Feb 2]

*Lloyd J, Penfold K, Huntington C, Nicklin L, Upstone O, Orchard L, et al. **Online peer support for gambling harm: Perspectives from people with lived experience and service providers** [Internet]. 2026 [cited 2026 Feb 2]

*Moimoi E, O'Young Vlies M. **Understanding what drives gambling harms for affected others in Great Britain** [Internet]. 2026 [cited 2026 Feb 2]

*Scott J, Giles-Coutinho R, Cogley E, Lawrie M. **Community Resilience Fund: End of programme evaluation report** [Internet]. 2026 [cited 2026 Feb 2]