

Long COVID Bulletin

**New evidence and outputs from key organisations
relating to Long COVID**

Coverage: June 2025

Publication date: 03 July 2025

This bulletin is produced every month by PHS Knowledge Services for the National Strategic Network for Long COVID



Translations



Easy read



BSL



Audio




Large print



Braille

Translations and other formats are available on request at:

 p hs.otherformats@p hs.scot

 0131 314 5300

Public Health Scotland is Scotland's national agency for improving and protecting the health and wellbeing of Scotland's people.

© Public Health Scotland



This publication is licensed for re-use under the [Open Government Licence v3.0](#).

For more information, visit
www.publichealthscotland.scot/ogl

www.publichealthscotland.scot

Recent publications and journal articles

This current awareness bulletin contains a selection of material gathered from a search of the evidence base. It is not intended to be comprehensive and has not been critically appraised. Collated by a qualified information professional, the content is selected upon informed prioritisation of the search results based upon agreed criteria.

The bulletin is not a substitute for clinical or professional judgement and the information contained within does not supersede national and local NHS policies and protocols.

Previous issues of this bulletin can be accessed on the [Current Awareness page of the Knowledge Network](#).

If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Epidemiology of long COVID, including incidence, prevalence, determinants

Almalag HM, Altuwaijri N, Alnaim LS, Alassiri D, Alsolaimi G, Aldakhil S, et al. [Prevalence and characteristics of long COVID among COVID-19 survivors in Saudi Arabia: A cross-sectional study](#). IJID Regions (Online). 2025;15100616.

Bennett J, Jeffreys M, Waa A, Zhang J, Brooks AES, Hockey L, et al. [Post-Covid-19 Symptoms in Children: A Cross-Sectional Survey](#). Journal of Paediatrics and Child Health. 2025.

Gourishankar A. [Geographic disparities and emerging hotspot trends of long COVID in the United States](#). The American Journal of the Medical Sciences. 2025;369(6)689–94.

Lak V, Sjöland H, Adiels M, Lundberg CE, Robertson J, Åberg M, et al. **Preexisting symptoms increase the risk of developing long COVID during the SARS-CoV-2 pandemic.** Journal of Internal Medicine. 2025.

Musachia J, Radosta J, Ukwade D, Rizvi S, Wahba R. **Postacute Sequelae From SARS-CoV-2 at the University of Illinois Hospital and Clinics: An Examination of the Effects of Long COVID in an Underserved Population Utilizing Manual Extraction of Electronic Health Records.** American journal of medicine open. 2025;13100095.

Pasharawipas T. **Perspective: host factors variants and the underlying causes of long COVID.** Frontiers in medicine. 2025;121603317.

Pisaturo M, Russo A, Grimaldi P, Monari C, Imbriani S, Gjeloshi K, et al. **Prevalence, Evolution and Prognostic Factors of PASC in a Cohort of Patients Discharged from a COVID Unit.** Biomedicines. 2025;13(6).

Service planning and delivery, pathways of care, service evaluation

Faux-Nightingale A, Saunders B, Burton C, Chew-Graham CA, Somayajula G, Twohig H, et al. **Perceptions and significance of long covid diagnoses from the perspectives of children and young people with long covid, their parents and professionals.** Health Expectations. 2025;28(3)e70318.

Finsterer J. **The Spectrum of Long-COVID Symptoms Should Be Assessed Through On-Site Examinations Rather Than Electronic Questionnaires.** The American Journal of Medicine. 2025;138(6)e119.

Hedberg P, Af Geijerstam P, Karlsson Valik J, Almgren-Lidman C, Ternhag A, Naucler P. **Determinants of post COVID-19 clinic attendance among SARS-CoV-2-infected individuals in Stockholm, Sweden: a population-based cohort study.** BMJ Open. 2025;15(6)e098344.

Nyaaba GN, Torensma M, Goldschmidt MI, Nørredam M, Moseholm E, Appelman B, et al. **Experiences of stigma and access to care among long COVID patients: a qualitative study in a multi-ethnic population in the Netherlands**. BMJ Open. 2025;15(6)e094487.

Souza LM do N, Prigatano GP, de Oliveira SB, Braga LW. **Cognitive and Affective Performance of Brazilian Long COVID Patients: An In-Depth Analysis Before and After Psychoeducational Rehabilitation**. NeuroRehabilitation. 2025;56(4)451–62.

Psycho-social impacts of long COVID, including on work, education, and quality of life

Belton S, Sheridan K. **“The second arrow”: A collaborative autoethnographic exploration of what can be learned from one long COVID journey**. Health Expectations. 2025;28(3)e70227.

Boutet M, Salmam I, Roy J-S, Best K, Perreault K, Desmeules F, et al. **Cognitive and psychological functioning in individuals with long COVID: a comparative cross-sectional study**. Disability and rehabilitation. 2025;1–8.

Conard S, Cunningham-Hill M, Kusti M, Mukherji S, Rawlins W, Schwartz S, et al. **Employers’ long game for long covid**. American Journal of Health Promotion. 2025;39(6)965–8.

Gallo González V, López-Padilla D, de Miguel Díez J, Suárez Escudero S, Ojeda Castillejo E, Ji Z, et al. **Long COVID-19 and longer sick leave: longitudinal study of economically active patients**. ERJ Open Research. 2025;11(3).

Kim J, Lee S, Weir P. **Long-COVID is associated with increased absenteeism from work**. Plos One. 2025;20(6)e0325280.

Lai C-L, Wei L-C, Chiu H-J. **Expanding perspectives on long COVID: multisystem outcomes, socioeconomic factors, and occupational implications**. American Journal of Industrial Medicine. 2025.

Mazer B, Feldman DE. **Demographic and Clinical Factors Associated With Functional Changes in Long-Covid**. American Journal of Physical Medicine & Rehabilitation. 2025;104(6)576–80.

Nielssen I, Olson S, Goulding S, Bohja S, Yu M, Paguirigan R, et al. **What are the barriers and supports to a return to health from long COVID? A qualitative study designed, developed, and conducted by individuals with lived experience of long COVID**. Qualitative Health Research. 2025;10497323251337566.

Ortega-Martin E, Alvarez-Galvez J. **Living with long COVID: everyday experiences, health information barriers and patients' quality of life**. Health Expectations. 2025;28(3)e70290.

Ribeiro-Carvalho A, Prado MF, Marcelo GG, Viveiros L, de Andrade Fernandes M, Nórte CE. **Cognitive and Emotional Health in Long COVID: a Cross-Sectional Study in Brazil**. Archives of Clinical Neuropsychology. 2025.

Vallée G, Xi D, Avramovic G, O'Kelly B, Lambert JS. **Evaluating the longitudinal physical and psychological health effects of persistent long Covid 3.5 years after infection**. Plos One. 2025;20(6)e0326790.

Wisk LE, Gottlieb M, Chen P, Yu H, O'Laughlin KN, Stephens KA, et al. **Association of SARS-CoV-2 With Health-related Quality of Life 1 Year After Illness Using Latent Transition Analysis**. Open forum infectious diseases. 2025;12(6)ofaf278.

New/updated guidelines, policies and reports including findings of CSO-funded research relevant to long COVID

All-Party Parliamentary Group (APPG) on ME. [First Joint ME and Long Covid APPG Meeting Minutes](#). Published June 2025.

For further information on sources of evidence and other key references relevant to this topic, please contact: phs.knowledge@phs.scot