

# Current Awareness Bulletin: Realistic Medicine

## Issue 10

This current awareness bulletin compiles recently published evidence relevant to the core principles of Realistic Medicine. It is produced on a quarterly basis by a team of NHS Scotland Librarians.

Issue 10 contains evidence published between April-June 2025.

The search strategy and sources included are based on our understanding of Realistic Medicine and may not be exhaustive or complete. Please also be aware that the sources listed have not been through a quality assurance process.

You can use the contents list below to jump to the sections of this bulletin which are most relevant to you and if you would like more specific literature for your subject area, please [reach out to your local NHSS library service](#).

We value your feedback – please [fill out our feedback form](#) or contact one of the co-authors listed at the end of this document with any comments or suggestions.

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# General

This section contains general literature, resources, and eLearning that relates to Realistic Medicine.

- 1) Giger, O., et al. (2025) '[Barriers and Facilitators of Implementing Value-Based Care: The Case of SwissDiabeter.](#)' *Digital Health* 11.
- 2) O'Reilly, M. K., et al. (2025) '[Realising Realistic Medicine by Enhancing Patient-Centred Care: The Scottish Photobiology Service's Approach to Engaging Patients with Photosensitivity Disorders.](#)' *The Journal of the Royal College of Physicians of Edinburgh* (online ahead of print).
- 3) NES Knowledge Services (2025) '[Realistic Medicine](#)', *The Knowledge Network*. Online (accessed: 16/07/2025).
- 4) Silva Etges, A. P., Beck da. (2025) '[Choosing to Implement Value-Based Healthcare Initiatives: A Strategic Decision for Achieving Better Performance in Improving Population Health Comment on "Reflections on Managing the Performance of Value-Based Healthcare: A Scoping Review".](#)' *International Journal of Health Policy and Management* 14.

# Outcomes that matter to people

This section contains literature on Shared Decision Making and Personalised Approach to Care.

- 1) Adi-Wauran, E., et al. (2025) '[Patient-Centred Care in Precision Oncology: A Systematic Review.](#)' *Patient Education and Counseling* 136.
- 2) Alves-Nogueira, A. C., et al. (2025) '[Medical Communication, Physicians' Adjustment, and Therapeutic Relationships: Exploring Potential Mechanisms.](#)' *Journal of Communication in Healthcare* (online ahead of print).
- 3) Anderson, K., et al. (2025) '[Innovating a Teach-Back Model for Community Health Workers Led Health Literacy Practice to Improve COVID-19 Health Equity.](#)' *Health Literacy Research and Practice* 9(2).
- 4) Ayre, J., et al. (2025) '[Exploring Values Clarification and Health-Literate Design in Patient Decision Aids: A Qualitative Interview Study.](#)' *Medical Decision Making* 45(5).
- 5) Bruin, N., et al. (2025) '[Physiotherapist-Targeted Strategies and Tools for Recognising Patients with Limited Health Literacy and Adapting Physiotherapeutic Communication: A Scoping Review.](#)' *Patient Education and Counseling* 137.

- 6) Demirci, H., et al. (2025) '"What if You were the Patient?" A Mixed Methods Study on Improving Hospital Workers' Awareness of the Patient Experience through Virtual Reality.' *Patient Education and Counseling* 137.
- 7) Huijgens, F. L., et al. (2025) 'Cancer Patients' Experiences of Burden when Involved in Treatment Decision Making.' *Medical Decision Making* 45(5).
- 8) Kerr, A. M., et al. (2025) 'Longitudinal Assessment of Residents' Perceptions of Shared Decision-Making, Patient-Centered Communication, and Reactions to Uncertainty.' *Journal of Communication in Healthcare* (online ahead of print).
- 9) Liu, H., et al. (2025) 'Determinants of Shared Decision-Making between People with Dementia and Informal Caregivers: A Systematic Review.' *Patient Education and Counseling* 137.
- 10) Pires, B., and Barbosa, M. (2025) 'Exploring Empathy's Role as a Buffer Against Physician Burnout: A Narrative Review.' *Journal of Communication in Healthcare* 18(2).
- 11) Prick, J. C. M., et al. (2025) 'Implementation of a Patient Decision Aid for Discharge Planning of Hospitalized Patients with Stroke: A process Evaluation using a Mixed-Methods Approach.' *Patient Education and Counseling* 136.
- 12) Rinaldi, A., et al. (2025) 'Patients' Requests and Physicians' Prescribing Behavior. A Systematic Review.' *Patient Education and Counseling* 136.
- 13) Robinson, S. A., et al. (2025) 'Linking Patient Perceptions of Shared Decision Making to Satisfaction in Lung Cancer Screening Decisions.' *Medical Decision Making* 45(5).
- 14) Saunders, P. A., et al. (2025) 'Exploring Empathy and Patient-Centered Communication Behaviors of Third-Year Medical Students during a Clinical Skills Examination.' *Patient Education and Counseling* 137.
- 15) Scottish Government (2025) 'Cancer Strategy - Monitoring and Evaluation: Participatory Systems Mapping'. *Online webpage* (accessed: 16/07/2025).
- 16) Tirtanadi, K., et al. (2025) 'Applications in Human-Centered Design: Shared-Decision Making for Mental Health Treatment in Primary Care.' *Patient Education and Counseling* 136.

## Optimising use of health and care resources

This section contains literature on Reducing Harm and Waste and Reducing Unwarranted Variation.

- 1) Bonsel, J. M., et al. (2025) 'Socioeconomic Inequalities in Patient-Reported Outcome Measures among Total Hip and Knee Arthroplasty Patients: A Comprehensive Analysis of Instruments and Domains.' *International Journal for Equity in Health* 24(1).

- 2) Cariot, L., et al. (2025) '[Patient Assertiveness and Visit Outcome in Primary Care: An Observational Study.](#)' *Patient Education and Counseling* 137.
- 3) Connolly, D. J., et al. (2025) '[Transphobia in the United Kingdom: A Public Health Crisis.](#)' *International Journal for Equity in Health* 24(1).
- 4) Filali, A., et al. (2025) '[Unseen Barriers: Addressing Racism in European Healthcare.](#)' *International Journal for Equity in Health* 24(1).
- 5) Horrill, T. C., et al. (2025) '["There's just such a Mismatch": A Qualitative Exploration of Health Systems and Organizational-Level Barriers to Accessing Cancer Services among People Experiencing Structural Marginalization.](#)' *International Journal for Equity in Health* 24(1).
- 6) Liao, H., and Lou, L. (2025) '[Impact of Safety Risk Defense Mechanism in Operating Room Nursing on Quality and Risk Incidents.](#)' *Risk Management and Healthcare Policy* 18.
- 7) Meulman, I., et al. (2025) '[Decomposing Socioeconomic Differences in Self-Rated Health and Healthcare Expenditure by Chronic Conditions and Social Determinants.](#)' *International Journal for Equity in Health* 24(1).
- 8) Newman-Toker, D. (2025) '[Just how Many Diagnostic Errors and Harms are Out there, really? it Depends on how You Count.](#)' *BMJ Quality & Safety* 34(6).
- 9) Rad, J. (2025) '[Health Inequities: A Persistent Global Challenge from Past to Future.](#)' *International Journal for Equity in Health* 24(1).
- 10) Ren, L., et al. (2025) '[Impact of Implementing Checklist Management Combined with SOP on Nursing Quality among ENT Surgery Nurses Impact of Implementing Checklist Management Combined with SOP on Nursing Quality among ENT Surgery Nurses.](#)' *Risk Management and Healthcare Policy* 18.

## Contributing to a more sustainable health and care system

This section contains literature on Managing Risk Better and Becoming Improvers and Innovators.

- 1) Hooberman, A. B., et al. (2025) '[Development, Implementation, and Evaluation of an Intervention to Improve Multidisciplinary Communication about Complex Patients.](#)' *Journal of Communication in Healthcare* (online ahead of print).
- 2) Scottish Government (2025) '[Realistic Medicine and Value Based Health and Care Casebook](#)'. *Online webpage* (accessed: 16/07/2025).
- 3) Scottish Government (2025) '[Realistic Medicine: Survey Highlights](#)'. *Online webpage* (accessed: 16/07/2025).

## Contact us

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