

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

October/November 2025



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Chow K, Oldridge-Turner K, Mitrou P et al. **Alcohol and Cancer: policy recommendations to reduce the negative public health impacts of alcohol.** Eur J Public Health 2025; 35. 2025/10/01.
- Davies T, Lam T and Pettigrew S. **Alcohol pricing and discounting in Western Australia: identifying products below hypothetical minimum unit prices.** Drug Alcohol Rev 2025; 44: 2013–2018. 2025/11.
- Rados Krnel S. **Socioeconomic differences in alcohol-attributable mortality compared with all-cause mortality.** Eur J Public Health 2025; 35. 2025/10/01.
- Rehm J, Correia D, Hassan AS et al. **Alcohol excise taxation, tax share and revenue in the European Union and the United Kingdom in 2022: an overview and modelling analysis.** Drug Alcohol Rev 2025; 44: 2003–2012. 2025/11.
- Rehm J, Rovira P, Hassan AS et al. **A return on investment analysis for the 2017 increase in alcohol excise taxation in Lithuania.** Addiction 2025; 120: 2094–2104. 2025/10.

- Taha A, Lacalaprice D, Lontano A et al. **Alcohol Policy Gaps Across Europe: Findings from a Scoping Review in the Horizon Europe 4PCAN Project.** Eur J Public Health 2025; 35. 2025/10/01.
- Van Doren N, Chi FW, Young-Wolff KC et al. **Are cannabis policy changes associated with alcohol use patterns? Evidence for age-group differences based on primary care screening data.** Addiction 2025; 120: 2282–2294. 2025/11.
- Voutilainen T, Koprivnikar H, Marushko K et al. **Stakeholders' power and interests in alcohol, tobacco, and nicotine policy in 7 European countries.** Eur J Public Health 2025; 35. 2025/10/01.

Availability and Licensing

- Kersbergen I, Oldham M, Brown J et al. **The use of alcohol-free and low alcohol drinks in attempts to restrict alcohol consumption: findings from a cross-sectional survey.** Int J Drug Policy 2025; 145: 105030. 2025/10/11.
- Shakory S, Smith BT, Jansen R et al. **The impacts of policies controlling the spatial availability of take-away alcohol on consumption and harms: A systematic narrative review.** Addiction 2025; 120: 1951–1969. 2025/10.

Marketing and Advertising

- Barker AB, Scott CL and Sharpe EE. **A content analysis of alcohol imagery in season 2 of The Kardashians.** J Public Health (Bangkok) 2025; 33: 2299–2303. 2025/10.
- Crocetti A, Lister N, Martino F et al. **Alcohol Promotion via User-Generated Content on Instagram and TikTok: A Content Analysis.** Drug Alcohol Rev 2025; 44: 2019–2029. 2025/11.
- Naderer B, Fisse T and Schrimpff C. **On the (in)effectiveness of textual disclosures on expectancies, attitudes, and perceived appropriateness of alcohol.** Psychol Health 2025; 40: 1587–1611. 2025/10.

- Paschall MJ, Grube JW and Helgeson K. **Opportunities for use: explaining associations between retail availability and use of alcohol and cannabis among youth.** Drug Alcohol Rev 2025; 44: 2030–2040. 2025/11.

Health Information

- Ataoğlu B, Save D, Sarısaltık A et al. **Evaluation of Digital Interventions for Reducing Alcohol Consumption: A Meta-Analysis Study.** Eur J Public Health 2025; 35. 2025/10/01.
- Burton R, Leggio L, Louvet A et al. **Prevention of Alcohol-Associated Liver Disease.** Am J Gastroenterol 2025; 120: 2487–2501. 2025/11/01.
- Chen P-H, Baimaji F, Astemborski J et al. **Impact of Longitudinal Patterns of Alcohol Use on Mortality in People Who Inject Drugs: A Prospective, Community-based Cohort Study.** J Addict Med 2025; 2025/11/13.
- da Costa MMF, Cavalcante FML, de Oliveira KGM et al. **Development, validation, and usability evaluation of an application for health education in individuals with cardiometabolic diseases.** Nurs Adm Q 2025; 43. 2025/11/01.
- Melamed E, Rungratanawanich W, Liangpunsakul S et al. **Alcohol, aging, and the gut microbiome: Intersections of immunity, barrier dysfunction, and disease.** Alcohol 2025; 128: 1–12. 2025/11.
- Stival C, Odone A, Lugo A et al. **Do not let the guard down on preventable behavioral risk factors.** J Epidemiol 2025; 35: 465–471. 2025/11/05.
- Zhao Z, Lallukka T, Chandola T et al. **Alcohol intake and pain in British Civil Servants: the modulating role of socioeconomic position.** Eur J Public Health 2025; 35. 2025/10/01.

Early Intervention

- Callinan S, D'Aquino S, Riordan B et al. **Survey questions on quantity and frequency are differentially effective by age in predicting future alcohol consumption.** Drug Alcohol Rev 2025; 44: 1961–1967. 2025/11.
- Gripe I and Sundin E. **Predictive value of alcohol dependence symptoms for the course of dependency: A Swedish cohort study.** Eur J Public Health 2025; 35. 2025/10/01.
- Morgenstern J, Levak S, Madden SP et al. **Evaluating telehealth and text-based interventions for at-risk drinkers: A pilot study of feasibility and efficacy.** Journal of Substance Use and Addiction Treatment 2025; 178: 209779. 2025/11.
- Ward PR, Foley K and Lunnay B. **What Can Alcohol Reduction “Do” for/in Midlife Women’s Hopes?** A Qualitative Study in Australia. Sociol Health Illn 2025; 47: e70114. 2025/11.
- Weatherburn D, Rahman S and Wang J. **Risky alcohol use and violence against women: cause or consequence?** Int J Drug Policy 2025; 145: 104981. 2025/11.

Young People and Prevention

- Algarra-López LS, Hernández-Zambrano SM, Galindo-Huertas MS et al. **To drink or not to drink? Collective alcohol consumption among young university students: mapping a path towards moderation.** A qualitative study. Nurs Open 2025; 12: e70337. 2025/11.
- De Carlos Oliveira M, Mendes-Sousa M, Soares-Santos LE et al. **Community-Based Environmental Interventions to Prevent Alcohol Use in Adolescents: A Systematic Review.** Drug Alcohol Rev 2025; 44: 2041–2056. 2025/11.
- Dellucci TV, Robles G, Hulvershorn LA et al. **Romantic relationship quality, depression, and problematic drinking: A comparison of single and partnered**

sexual and gender minority adolescents. J Adolesc Health 2025; 77: 908–916. 2025/11.

- Eyraud C, Collin C, Dumas A et al. **Alcohol use among NEET youth (not in employment, education or training): systematic review.** Eur J Public Health 2025; 35. 2025/10/01.

- Finn PR, Smoker MP, Adams ZW et al. **Impulsive Decision Reduction Training (IDRT) reduces binge drinking and increases future orientation in young adult binge drinkers.** Addict Behav 2025; 170: 108443. 2025/11.

- Ksinan A, Ksinan Jiskrova G, Pikhart H et al. **Adolescent peer groups and alcohol use: longitudinal effect and self-selection in a Czech cohort.** Eur J Public Health 2025; 35. 2025/10/01.

- Lera J, Pinillos-Franco S and Cantarero-Prieto D. **Parental permissiveness and teen vaping: Effects of allowing alcohol and tobacco in Spanish families.** Eur J Public Health 2025; 35. 2025/10/01.

- Miller AP, Spychala KM, Slutske WS et al. **Binge drinking trajectories across adolescence and early adulthood: Associations with genetic influences for dual-systems impulsive personality traits, alcohol consumption, and alcohol use disorder.** Journal of Psychopathology and Clinical Science 2025; 134: 775–789. 2025/10.

- Nazaruk D, Karren M, Timplaru O et al. **Preventing alcohol use during pregnancy: an international students' collaboration.** Eur J Public Health 2025; 35. 2025/10/01.

- Paschall MJ, Grube JW and Helgeson K. **Opportunities for use: explaining associations between retail availability and use of alcohol and cannabis among youth.** Drug Alcohol Rev 2025; 44: 2030–2040. 2025/11.

- Rømer Thomsen K, Hareskov N, Caspersen CK et al. **Prevention of alcohol use and promotion of well-being among middle school students: a study protocol for a randomized controlled trial of ADAPT.** BMC Public Health 2025; 25: 3840. 2025/11/07.

- Russ AJ and Schulz PJ. **Alcohol and tobacco use in relation to emotional development in late adolescence.** Eur J Public Health 2025; 35. 2025/10/01.
- Testino G and Balbinot P. **Sport and alcohol consumption: early identification and management prevention.** J Sports Med Phys Fitness 2025; 65: 1513–1521. 2025/11.
- White J. **Transporting the effect of the ASSIST school-based smoking prevention intervention to the Smoking, Drinking and Drug Use Among Young People in England Survey (2004-2021): A secondary analysis of a randomized controlled trial.** Addiction 2025; 120: 2223–2230. 2025/11.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Change UK. **Cheers to licensing.** ACUK, November 2025.
- Alcohol Health Alliance. **Killer tactics 2 - business as usual** - (How the tobacco, alcohol and unhealthy food and drink industries have used their killer tactics to undermine important public health policies since Labour have been in power). AHA, October 2025.
- Alcohol Focus Scotland. **Making the case for regulating alcohol marketing in Scotland: A recent review of the evidence and next steps.** AFS, October 2025.
- Alcohol Focus Scotland. **Scottish Health Survey 2024 – Positive picture, but devil is in the detail.** AFS, October 2025.
- Balance. **Breast Cancer Awareness Month: women need to be aware of alcohol as an overlooked risk.** Balance, November 2025.
- Drinkaware. **L Alcohol-free and low-alcohol drinks in the UK: Trends, barriers, and opportunities.** Drinkaware, November 2025.

- Institute of Alcohol Studies. **[A Healthier Future: A long-term vision to tackle alcohol harm in the UK](#)**. IAS, November 2025.
- Institute of Alcohol Studies. **[IAS response to consultation on Welsh MUP 2025](#)**. IAS, August 2025.
- Public Health Scotland. **[Rapid review of evidence about alcohol marketing and advertising: Influences on consumer attitudes and behaviours, and the effects of regulation on those behaviours](#)**. PHS, October 2025.

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This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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