IMPLEMENTATION OF THE GETTING TO KNOW ME

Completing a personal profile (such as ‘Getting To Know Me’) provides care teams with important information about the person as an individual. This allows care and support to be centred around the persons individual needs.

If the individual does not have a personal profile when they come into our care we ask if they would like to complete one. We will help with this on the person can do it themselves or with their family member or carer.

The ‘Getting To Know Me’ is available across NHS Grampian and within all Healthpoint Carers Points. There are locally adapted posters and leaflets available to raise awareness of how the document can support us to ensure individuals have a good experience when in our care.

The staff who have completed the Dementia Champion and Best Practice in Dementia Care programme have been chosen from a large opportunities for all staff.

Dementia Nurse Consultant. The group share ideas, improvements by the group and include outside speakers.

LYN IRVINE-BRINKLOW ALZHEIMER SCOTLAND DEMENTIA NURSE CONSULTANT

DEMENTIA EDUCATION AND TRAINING GUIDANCE

The NES/SSCC Promoting Excellence framework details the knowledge and skills all health and social services staff supporting people with a diagnosis of dementia, and their families and carers should aim to achieve.

In response to this national framework the Dementia Education and Training Guidance was developed in March 2014 as a guide to support implementation of the NES/SSCC framework within NHS Grampian.

The guidance provides a diagram illustrating potential skill mix requirements of clinical teams, Promoting Excellence Staff development guidance, blended learning resources and training provision available nationally and at a local level.

The resource is accessible by all NHS Grampian staff and is hosted within the Practice and Professional Development Unit Intranet site.

DEMENTIA IN THE ACUTE HOSPITAL STUDY DAY

Dementia in the Acute Hospital Setting is a study day open to all nursing staff/HPV staff/medical staff working within an acute hospital setting in Aberdeen, Aberdeenshire and Moray.


Information and learning is included that will support all of these key strategic documents. The course content directly relates to the Standards - with key speakers and information delivered linking directly to the above drivers in relation to the acute care setting.

SCOTLAND’S NATIONAL DEMENTIA STRATEGY 2013-16

10 Dementia Care Actions in Hospital

1. Identify a leadership structure within NHS Boards to drive and monitor improvements

2. Develop the workforce in line with Promoting Excellence

3. Plan and prepare for admission and discharge

4. Develop and embed person-centred assessment and care planning

5. Promote a rights-based and anti-discriminatory culture

6. Develop a safe and therapeutic environment

7. Use evidence-based screening and assessment tools for diagnosis

8. Work as equal partners with families, friends and carers

9. Minimise and respond appropriately to stress and distress

10. Evidence the impact of changes against patient experience and outcomes

DEMENTIA CHAMPION AND BEST PRACTICE NETWORK

The role of the Dementia Champion and the Best Practice in Dementia Care Staff includes, within their current role, to advocate for patients with dementia at every appropriate opportunity. The role will continue to develop and evolve within NHS Grampian to meet the needs of the patients and the carers who use our services.

TOMMY ON TOUR

Tommy Whitelaw from the Dementia Carers Voices project visited Grampian on the 25th - 27th of February 2014.

Tommy kindly shares his inspirational talk with staff and students working in the health and social care sectors throughout the Grampian region. The 3 day tour included events for health and social care staff across Aberdeen and Moray and also with health and social care students and lecturers at Robert Gordon’s University.

As part of the Tommy on Tour campaign, we kindly asked all the staff and students who attended to share thoughts on:

Practice they might consider:

• Stop taking things for granted in thinking that individuals are already aware of the support and services that is out there.
• Stop rushing - take time to listen to carers
• Stop being too busy!

Good practice they will continue:

• Listening and caring to what is important to people
• Listening to patients view and worries
• To develop strategies to care and support carers
• Respecting what is important to the person and using this to inform care

Practice that will commence:

• Ensure care is developed and based on relationships
• Listen more – thinking about the needs of the individual and their carer
• Strive to improve all aspects of care for people with dementia
• Treat each person as a unique individual