Improving the care experience for people with dementia in hospital in the Highlands, Islands and Argyll & Bute

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Key Successes

• 35 Dementia Champions with localised meetings (Raigmore and A&B) facilitated by Lead Nurses with support from ASDNC.

• Protected time for Dementia Champions of 7.5 hours a month agreed by Board Nurse Director

• 4AT assessment tool for cognitive impairment and delirium incorporated into NHS Highland National Early Warning Score System (NEWS)

• NHSH policy developed on minimising the movement of people with cognitive impairment in hospital including dementia and delirium.

• Highland Dementia Working Group members supported by Alzheimer Scotland Dementia Advisors, involved in Older People in Acute Hospital (OPAH) inspections in Raigmore hospital, Inverness.

• Dementia Smart Programme at Enhanced level of Promoting Excellence Framework developed in partnership with University of Stirling, ASDNC in NHSH and Alzheimer Scotland Highlands & Island region.

Next Steps

• Ensure all care delivered is informed by person’s information taken from the ‘Getting To Know Me’.

• Undertake research on the use of the ‘Getting To Know Me’ tool

• Spread TIME delirium bundle to all general hospitals

• Trial the use of the 4AT assessment tool in the community setting

• Ensure all people with dementia and cognitive impairment are not moved in hospital

• Introduce Values-Based Reflective Practice in general hospital setting

Aim
Support the Implementation of the Standards of Care for Dementia in the general hospital setting

Raising the Profile

• Delivered workshops at Living Until You Die- Crossing boundaries in Palliative Care Conference.

• Presented Non-Pharmacological interventions in the treatment of agitation and distress at the Scottish Delirium Association Conference.

• Teach on the MSc in Health & Well-being of the Older Person, University of Stirling. Programme which won the Best Education Provider category of the General Practice Awards 2014.

• Abstract accepted at the Alzheimer Disease International Conference in Perth, Australia 2015 in partnership with Hugh Masters (Scottish Government).

“people living with dementia are in the best position to provide accurate and valid reports of their experience of services provided for them.”

Being Dementia Smart

NHS Highland Hospital locations

Alzheimer Scotland
Making sure nobody faces dementia alone.

NHS Highland

www.postersession.com